Society for Social Work Leadership in Health Care
Northern California Chapter

CONTINUING EDUCATION PROGRAM

DATE: **Friday, January 29, 2010**
CEU Program **9:30 a.m. – 12:30 p.m.**
Lunch and Membership Meeting **12:30 p.m. – 3:00 p.m.**

TOPIC: **Preventing Compassion Fatigue and Burnout: Empathy, Subtle Awareness, and a Way Out**

SPEAKER: **Helge Osterhold, Ph.D., MFT**
Dr. Osterhold has a private practice combining elements of Western psychotherapy and Eastern wisdom traditions. He draws from fifteen years of meditation background as well as extensive training in traditional and cutting edge psychotherapeutic techniques. He is also an adjunct professor of cross-cultural psychology at Golden Gate University, teaches mindfulness and self-care practices to clinicians at UCSF Medical Center, and provides staff support and bereavement services for Compass Care, the pediatric palliative care service at UCSF Children's Hospital.

LOCATION: **George Mark Children's House,**
2121 George Mark Lane, San Leandro

RSVP: **Please respond by January 22 to Diane Malek at 510 346 1263 or dmalek@georgemark.org if you plan to attend.**

CEUS: **Approved for 3.0 hours (Children's Hospital of Oakland PCE #453)**

COST: **FREE FOR SOCIETY MEMBERS and STUDENTS**
$10.00 FEE FOR NON-MEMBERS

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